

*Share, Learn, Enjoy, Grow*

## SUSSEX NEIGHBOURHOOD HOUSE

# PROGRAM GUIDE

## Term 1

*JANUARY- APRIL 2027*

VICTORIA State Government

Merri-bek City Council

Learn Local

V.1 19/11/2026

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Sussex Neighbourhood House

7 Prospect St, Pascoe Vale, 3044

9354 2210

sussexnh.org.au

enquiries@sussexnh.org.au

# ABOUT US

Sussex Neighbourhood House is a community hub committed to providing lifelong learning through social activities that are inclusive, accessible, and sustainable for the local community. We offer a range of activities suitable for all ages and abilities.

Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages and genders. We are committed to access, equity, participation and rights for everyone: principles which empower, foster harmony and increase the wellbeing of an inclusive community.

# First Time at Sussex?

We would like you to get the most out of your classes.

You are welcome to visit Sussex Neighbourhood House anytime to see where your class is held. Have a look around and have cuppa.

If you would like to get to know some of the other participants or the tutor, we are happy to offer a free trial. Please contact us to arrange a time.

We welcome Carers attend classes with participants if required.

Classes are relaxed, some are quiet and some can get loud. Speak to staff about the types of classes that would suit you.

Parents are welcome to stay in the Hub where tea, coffee, and free Wi-Fi is available while children attend classes.

If you need to use a quiet space, you can sit in the library just off the kitchen.

Our toilets are accessible.



# CLASS POLICIES & ENROLMENTS

Your assistance in helping to keep the costs of the classes as low as possible is appreciated.

Bookings are essential!

Classes are confirmed once the number of enrolments required to cover the cost of running the class is achieved.

REFUNDS

Enrolments will be for the full term.

A full refund will be provided if you withdraw at least 7 days before the commencement date of the class.

After commencement, refunds will only be considered in special circumstances.
Refund requests must be in writing and a refund fee of $20 will be retained.

Book and Pay

Online, by phone or in person?

- Pay via credit/debit card or cash. Card payments made via the Square terminal will incur a 1.6% processing fee.
- Agencies can request an invoice.
- If you are having difficulty with payment a payment plan can be arranged

Multi-Booking Discount

Take advantage of our 10% off the standard rate when enrolling in 2 or more classes.

*Learn Local Programs- Eligibility criteria apply.

Learn Local

## Office Hours
Mon to Fri, 8:30am - 4:30pm

## Phone
03 9354 2210

## Website
www.sussexnh.org.au

## Mail
enquiries@sussexnh.org.au

## Address
7 Prospect St, Pascoe Vale 3044

**@SussexNeighbourhoodHouse**

**@sussexneighbourhoodhouse**

**Sussex Neighbourhood House Inc.**

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to **www.sussexnh.org.au** and scroll to the bottom of the page to join

# Creative Programs

**Unleash your inner artist and explore your creative potential! Our creativity courses include painting, drawing, crafts, clay, sewing, and more, offering a space to experiment and thrive. Whether you're a beginner or experienced, you'll find a supportive environment to express yourself and develop your skills.**

## Sewing with Jan

Join a friendly Sewing class with pattern & dress maker, Jan Bowles. Suitable for all skill levels. Some materials and sewing machines supplied, or bring your own if you prefer.

## Sew Your Style

NEW!

Yan joins the Sussex team, in a new structured sewing class. Learn techniques from the bascis to advanced skills by creating bags and accessories.

## Makers, Menders & Basketry

Interested in creating through recycling, making, mending, and basket weaving? A resourceful social group for the crafter in you.

*This social group runs every week the House is open.*

## Craft Circle

For people looking to knit or crochet socially in a calm environment. Also, for keen quilters, patch-workers, lovers of embroidery or anything else the crafter in you desires.

*This social group runs every week the House is open.*

## Knitting

Suitable for all knitting skill levels and those looking for guidance with their own project. Some materials provided to get you started.







## Drawing & Watercolour

With renowned artist, Ted Dansey, this class covers all the important principles and techniques of both drawing and watercolour. Ted encourages a 'learn as you go" style of painting.

Learn to enjoy the medium and ‘keep it simple’ through demonstration and guidance from Ted.

## Friday Friendly Watercolour

NEW!

Friday Friendly Watercolour is a relaxed, practical art class exploring drawing and watercolour techniques with guidance from tutor Jun Liu. Participants will develop skills in drawing, colour, tone, composition and watercolour technique while exploring a range of subjects.

## Crochet Crew

A friendly space to stitch, learn, and connect! Whether you're a beginner or looking to refine your skills, bring your project and enjoy some yarn-filled fun.

*Fortnightly attendance is optional, but we highly recommend beginners to attend weekly.*

Sussex Neighbourhood House

# Creative Programs

## Clay Art for Kids

With our new and experienced clay art teacher, enjoy this hands-on opportunity for kids to have fun creating with clay. Learn how to make, decorate and glaze by creating a different project each week. Materials and firing included.
**2 Classes:**
**6–10-year-olds or**
**10-15 year-olds**

## Clay Art for Adults

A social and community-based inclusive program, tailored for adults with disabilities. Create and glaze unique small works of art using hand building techniques.
Materials and firing included.

## Small Objects in Clay

Create and glaze unique small works of art with our new and experienced clay tutor - using hand-building techniques. Materials and firing included.

## Mixed Media

An arts and crafts program designed for adults with disabilities. Participants will use a variety of different mediums to explore creativity in a safe environment. All materials included.
*A discount of 10% is applied if enrolled in both Creative Movement and Dance and Mixed Media*

## Youth Artspace

Start, renew or fulfil your passion for art learning new alternate skills in an open studio space. A great opportunity to build on your VCE portfolio or to increase your artistic awareness.
**For Grades 7-12**

## Little Artists

Ignite their spark for creativity with Michelle! This fun arts program for **kids in Grades K-3** fosters children's wellbeing and capacity to focus on a task by engaging the imagination.



Sussex Neighbourhood House

# Creative Programs

*(No classes Monday 8th March )*

for kids/youth

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stand. Fee |
|---|---|---|---|---|---|---|
| Sewing with Jan | Monday | 1 Feb - 22 Mar | 9:30am - 12pm | 7 | $124 | $138 |
| NEW! Sew Your Style | Wednesday | 3 Feb - 24 Mar | 10am - 12pm | 8 | $142 | $157 |
| Makers, Menders & Basketry | Monday | From 18 Jan | 10:30am - 1:30pm | Gold Coin | | |
| Craft Circle | Monday | From 11 Jan | 1pm - 3pm | Gold Coin | | |
| Mixed Media | Monday | 1 Feb - 22 Mar | 2pm - 3:30pm | 7 | $233* | $259 |
| Crochet Crew | Monday | 1 Feb - 22 Mar | 5:30pm - 7:30pm | 7 | $130 | $145 |
| | | Fortnightly: 1 & 15 Feb, 1 & 15 Mar | 5:30pm - 7:30pm | 4 | $74 | $83 |
| Clay Art for Adults | Tuesday | 2 Feb - 23 Mar | 1pm - 3pm | 8 | $435 | |
| Clay Art for Kids | Tuesday | 2 Feb - 23 Mar | 4:30pm - 6pm | 8 | $216 | $240 |
| Clay Art for Big Kids | Thursday | 4 Feb - 25 Mar | 4:30pm - 6pm | 8 | $216 | $240 |
| Small Objects in Clay | Tuesday | 2 Feb - 23 Mar | 6:30pm - 8:30pm | 8 | $274 | $304 |
| | Thursday | 4 Feb - 25 Mar | 1pm - 3pm | 8 | $274 | $304 |
| Knitting | Thursday | 4 Feb - 25 Mar | 7pm - 9pm | 8 | $149 | $165 |
| Drawing & Watercolour | Wednesday | 3 Feb - 24 Mar | 10am - 12pm | 8 | $268 | $298 |
| Little Artists | Wednesday | 3 Feb - 24 Mar | 4pm - 5pm | 8 | $162 | $180 |
| Youth Artspace | Wednesday | 3 Feb - 24 Mar | 6pm - 8pm | 8 | $108 | $120 |
| NEW! Friday Friendly Watercolour | Friday | 5 Feb - 19 Mar | 10am - 12pm | 7 | $189 | $210 |

*Multi-booking fee

# Digital Skills & Tech

*(No classes Monday 8th March )*

**Stay connected in the digital world! From learning the basics of computers to coding and media production, our courses are designed for all levels of experience.**

## Introduction to Computers (Level 1)

This course is designed for people who are new to computers and want to learn from the basics through to navigating the internet.

## Understanding Mobile Phones

If you would like to learn how to use their mobile phone, these classes will begin with the basics, guiding students through how to turn on and use their device for everyday living.

## Game On

NEW!

Bring your mates, meet new people and battle it out or team up across Nintendo Switch, PC and tabletop games. **15-20yrs**

## Gaming Bugs

A safe, social, and sensory-aware gaming group for **girls in Grades 3+,** designed with neurodivergent players in mind. Build friendships, play your favourite games, and enjoy a welcoming, neuro-affirming space that celebrates your strengths.

## Tech Help Cafe

NEW!

A drop-in space for seniors to ask questions about their smart devices and the internet. 1-on-1 with a friendly, local volunteer.

for kids/youth

*eligibility criteria apply - see page 4

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stnd. Fee |
|---|---|---|---|---|---|---|
| Intro to Computers (Lvl 1) | Tuesday | 2 Feb - 23 Mar | 9:30am - 12pm | 8 | $12.50* | |
| Gaming Bugs | Wednesday | 3 Feb - 24 Mar | 4:15pm - 5:15pm | 8 | $38 | $42 |
| NEW! Game On | Thursday | 4 Feb - 25 Mar | 4:30pm - 6pm | 8 | $38 | $40 |
| Understanding Mobile Phones | Thursday | 4 Feb - 25 Mar | 1pm - 3.30pm | 8 | $12.50* | |
| NEW! Tech Help Cafe | Friday | TBC | 12pm - 2pm | Free drop-in | | |

# Language Classes

**Empower your voice and connect with the world! Join our language classes or conversation groups to improve your speaking, writing, and comprehension skills. Whether learning English or mastering another language, our courses are inclusive, practical, and tailored to your goals.**

## English for Everyday Life (Level 1)

Learn the words, phrases, and simple grammar needed to chat with neighbors, navigate local shops, and feel more at home.

## English Conversation (Level 1)

Practice speaking and understanding English in a relaxed group. Sessions combine guided activities with real-life conversation to build confidence and communication skills.

## Continuing English (Level 2)

Learn useful vocabulary and grammar to take your English to the next level. Level 2 is for learners looking to improve their English and for those who have completed Level 1.

## Spanish for Adults: Beginner

A class for beginners and those with basic Spanish language. Continue to learn and improve Spanish speaking skills in a group learning environment.

## Spanish for Adults: Intermediate

A course for those who want to enhance fluency and polish their Spanish language skills through conversation and group education.

## EAL Offsite

Foundation English courses offered at local primary schools or community centres. Perfect for beginners with limited background speaking English.

- Glenroy West Primary School
- St Dominic's School
- Kalkallo Community Centre
- Mickleham South Community Centre





Sussex Neighbourhood House

# Language Classes

*(No classes Monday 8th March )*

*eligibility criteria apply - see page 4

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stand. Fee |
|---|---|---|---|---|---|---|
| English Conversation (Lvl 1) | Monday | 1 Feb - 22 Mar | 9:30am -11:30am | 7 | $12.50* | |
| Continuing English (Lvl 2) | Tuesday | 2 Feb - 23 Mar | 12:30pm - 2:30pm | 8 | $12.50* | |
| English for Everyday Life (Lvl 1) | Friday | 5 Feb - 19 Mar | 9:30am - 11:30am | 7 | $12.50* | |
| Spanish for Adults: Beginners | Monday | 8 Feb - 22 Mar | 6:30pm - 8pm | 6 | $135 | $150 |
| Spanish for Adults: Intermediate | Tuesday | 9 Feb - 23 Mar | 6:30pm - 8pm | 7 | $158 | $175 |

| Offsite Programs | Day | Term Dates | Time | | Fee |
|---|---|---|---|---|---|
| English at Kalkallo Community Centre | Monday | 1 Feb - 22 Mar | 11am - 1pm | 7 | FREE* |
| English at Kalkallo Community Centre | Tuesday | 2 Feb - 23 Mar | 11am - 1pm | 8 | FREE* |
| Foundation English at St Dominic's School | Thursday | 4 Feb - 25 Mar | 12:30pm - 2:30pm | 8 | FREE* |
| Continuing English at St Dominic's School | Thursday | 4 Feb - 25 Mar | 9:30am - 12pm | 8 | FREE* |

# Exercise & Music Programs

**Find joy and expression through music, dance, and performance! Participate in ukulele classes, choir groups, or Tai Chi and Yoga sessions to build confidence, improve wellbeing, and celebrate the power of movement and rhythm. Perfect for beginners and enthusiasts alike.**

## Yoga with Simone

Hatha Vinyasa Yoga led by the passionate and experienced Simone Litchfield. Be guided with a flowing and mindful approach to asana (postures) & Pranayama (breath). This class fosters strength, flexibility and tranquillity.
*BYO mat.*

## Yoga with Melisa

Hatha Yoga with the wonderful Melisa incorporates a balance of challenging and restorative physical positions, meditation, breathwork and guided relaxation.
*BYO mat.* ***No class 04/11/2026***

## Chair Yoga

Chair Yoga with Simone - find your mobility in a way that is soft and gentle but also supportive and beneficial. This class invites awareness and integrity into the body and activate the muscles that help you find length up through the spine for better posture and energy flow.

## Tai Chi Beginner

Perfect for those who wish to learn the art of Tai Chi & improve their health through the use of gentle mind-body exercises. Beginner level class with our experienced Tai Chi instructor Averil.

## Tai Chi Intermediate

Post-beginner Tai Chi program with Averil, compassionately designed to improve balance, coordination & strength using simple mind-body exercises.

## Tai Chi Advanced

For participants with experience of Tai Chi who are seeking to build on their practice with a more challenging form.





## Creative Movement & Dance

Develop creative imagination through dance, music and drama in a friendly and supportive social context. Tailored for adults with disabilities.
*A discount of 10% is applied if enrolled in both Creative Movement and Dance, and Mixed Media*

## Keyboard for Kids

Music classes for **kids aged 7-12**. With our experienced music teacher, learn in a small group and at your own pace.
*BYO keyboard.*

## Ukulele for Adults

Join the multi-talented Phil Hudson and further your musical abilities in a small and friendly group setting! Learn new chords, tablature and strum patterns. Suitable for all levels.
*BYO Ukulele.*

## Skylarks Community Choir

Love to sing? Join our friendly and inclusive community choir led by the multi-talented Phil Hudson from Black Sheep Music.

## Walking Group

Our weekly walking group for fresh air, good company, and a healthier routine - exploring Pascoe Vale and surrounds
*Register for SMS reminders of weekly routes.*

Sussex Neighbourhood House

# Exercise & Music Programs

*(No classes Monday 8th March )*

for kids/youth

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stand .Fee |
|---|---|---|---|---|---|---|
| Creative Movement & Dance | Monday | 1 Feb - 22 Mar | 12:30pm - 2pm | 7 | $233* | $259 |
| Keyboard Lessons Lvl 1 | Monday | 1 Feb - 22 Mar | 4:30pm - 5:20pm | 7 | $137 | $152 |
| Keyboard Lessons Lvl 2 | | | 5:30pm - 6:20pm | | | |
| Yoga with Simone | Monday | 1 Feb - 22 Mar | 7:30pm - 8:30pm | 7 | $123 | $137 |
| | Tuesday | 2 Feb - 23 Mar | 9:30am - 10:30am | 8 | $141 | $156 |
| Chair Yoga: Morning Session | Tuesday | 2 Feb - 23 Mar | 11am - 12pm | 8 | $96 | $107 |
| Chair Yoga: Afternoon Session | | | 12:15pm - 1:15pm | | | |
| Ukulele Lessons | Tuesday | 9 Feb - 23 Mar | 10:30am - 11:30am | 7 | $126 | $140 |
| Yoga with Melisa | Wednesday | 3 Feb - 24 Mar | 6:30pm - 7:45pm | 8 | $144 | $160 |
| Walking Group | Wednesday | 3 Feb - 24 Mar | 10am - 11am | 8 | FREE Register for weekly location points | |
| Tai Chi Advanced | Thursday | 4 Feb - 25 Mar | 9:30am - 10:30am | 8 | $125 | $139 |
| Tai Chi Intermediate | | | 12:30pm - 1:30pm | | | |
| Tai Chi Beginners | | | 11am - 12pm | | | |
| Skylarks Community Choir | Thursday | 4 Feb - 25 Mar | 1pm - 2:30pm | 8 | $83 | $92 |

*Multi-booking fee

# Social Activities & Life Skills

**Foster meaningful connections and become an active part of the community! Our social and community programs include volunteering opportunities, inclusive group activities, and initiatives to give back to the local area. Join us to share, learn, and grow together.**

## Book Club

Do you enjoy reading and discussing books with others? Come and join our wonderful Book Club! With topical book choices, this monthly social group would love to hear your ideas. Books provided by Merri-bek City Council Libraries.

## Family History Group

An informal group for locals passionate about researching their family history. Sussex provides use of computers, a range of databases & source materials.

## Pieceful Puzzle Club

Calling all puzzle enthusiasts! Whether you're a casual puzzler, a speedy problem solver, or simply looking to connect with others over a shared hobby, this group has something for you.

## Scallywags Playtime

Facilitated by the enthusiastic Rose and suitable for babies to pre-schoolers, Scallywags is a joyous playgroup that covers music, rhymes, dance and fun crafts during the term. A wonderful opportunity to meet other local families.
*New session Wednesday afternoon.*

## Chess Social Group

Whether you're a beginner or an experienced player, come along for a relaxed and friendly morning of chess. Connect with like-minded players, learn new strategies, and enjoy the game in a welcoming community space.
***For Adults. This social group runs every week the House is open.***

## Homework Club

A weekly online homework club for **high school students**. One-on-one tutoring is available in English, maths and other subjects, including at VCE level. Places are limited and subject to availability of tutors. *2nd session added*

## Gardening Social Group

Come along and meet new people as you engage in gardening activities together, learn about gardening techniques, and share ideas. An opportunity have a hand in the establishment of our front garden.
**This social group runs every week the House is open.**

## Introduction to Gardening

New to gardening? Learn how to grow your own herbs, veggies, and flowers in this friendly, hands-on course. Gain confidence as you explore soil prep, plant care, seasonal planting, composting, and pest control. Perfect for beginners and renters alike.

## Game On

NEW!

Friendly competition in a relaxed environment.
Bring your mates, meet new people and battle it out or team up across Nintendo Switch, PC and tabletop games. Jump into Mario Kart, Super Smash Bros, Catan, chess, Connect 4 and more. No experience needed, just games and good times.
**Young people 15-20yrs**





# Social Activities & Life Skills

*(No classes Monday 8th March )*

for kids/youth

*eligibility criteria apply - see page 4

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stand. Fee |
|---|---|---|---|---|---|---|
| Book Club | 3rd Monday of the Month | **Term 1 Dates:** 18 Jan, 15 Feb, 15 Mar | 1pm - 3pm | Gold Coin | | |
| Adult Chess Social Group | Monday | From 18 Jan | 10am - 12pm | FREE | | |
| Introduction to Gardening | Tuesday | 2 Feb - 23 Mar | 10am - 12pm | 8 | FREE | |
| Gardening Social Group | Wednesday | From 13 Jan | 10am - 12pm | FREE | | |
| Scallywags Playtime | Wednesday | 3 Feb - 24 Mar | 3pm - 5pm | 8 | $196 | $217 |
| | Thursday | 4 Feb - 25 Mar | 10am - 12pm | 8 | $196 | $217 |
| | Friday | 5 Feb - 19 Mar | 10am - 12pm | 7 | $171 | $190 |
| Homework Club | Tuesday | 9 Feb - 16 Mar | 6:30pm - 8:30pm | 5 | FREE | |
| | Thursday | 11 Feb - 18 Mar | | 6 | | |
| NEW! Game On | Thursday | 4 Feb - 25 Mar | 4:30pm to 6pm | 8 | $38 | $40 |
| Chatty Café | Friday | From 5 Feb | 11am - 1pm | FREE | | |
| Pieceful Puzzle Club | 2nd Saturday of the Month | **Term 1 Dates:** 30 Jan, 13 Feb, 13 Mar | 10am - 1pm | Gold Coin | | |
| Family History Group | 1st Saturday of the Month | **Term 1 Dates:** 6 Feb, 6 Mar, 4 Apr | 1:30pm - 4:30pm | Gold coin | | |

# Workshops & Events

**Discover new passions or sharpen your skills in a workshop format!**
**These short-term courses are perfect for busy schedules and curious minds.**
**Our community events are open to the public for us to celebrate altogether!**

## Harvest Soup Lunch

Come along for a delicious homemade soup and good company at our Harvest Soup Lunch. Enjoy a hearty meal, featuring produce from the Sussex Community Garden, and other treats on the side.

## Writing Stories: Back to Basics 1 & 2

These two back to basics workshops will introduce you to practical exercises and activities, encourage you to engage in writerly discussions, and provide tips on how to set your own writing goals (and keep them!)

## Crochet Workshops

Crochet tutor, Fran will be running two workshops in Term 1: *Free Form Crochet*, and a crochet/knitting session for youth.
*Let us know if you're interested and stay tuned for further details.*

## Pascoe Vale Repair Cafe

With our band of skilled volunteers, we offer repairs of jewellery, clothing, bikes, toys, woodwork, electrical appliances, sound equipment, and more! **First Sunday of every month**
*Pay as you feel donation*

## Drawing the Victorian Emblems

Discover natural history illustration; an art form that combines careful observation with drawing techniques to capture the natural world accurately and in detail.
This workshop's subject is the Leadbeater's Possum.

## Harmony Week Garden Party

Join us for a relaxed and welcoming celebration of Harmony Week. Enjoy music, a barbecue, and the opportunity to connect with others in our community.
Free to attend. All welcome.
**Please RSVP to help us cater.**

## Pattern Making

Love a garment too much to part with it? Learn how to create a custom pattern from your favourite clothes without unpicking a single stitch in this hands-on workshop for experienced sewers.








Sussex Neighbourhood House

# Workshops & Events & School Holiday Activities

## school holiday activities

| Program | Day | Term Dates | Time | Sessions | Conc. Fee | Stand. Fee |
|---|---|---|---|---|---|---|
| Harvest Soup Lunch | Thursday | 28 Jan, 25 Feb, 23 Mar | 12pm - 1pm | 3 | Gold coin, please RSVP to help us cater | |
| Drawing the Victorian Emblems | Thursdays | 18 Feb & 25 Feb | 6:30pm - 8:30pm | 2 | $45 | $50 |
| Writing Stories: Back to Basics | Saturdays | 20 Feb & 20 Mar | 10am - 11:30am | 2 | $76 | $84 |
| Pattern Making | Saturday | 27 Feb | 11am - 4pm | 1 | $90 | $100 |
| Free Form Crochet | Wednesdays | 24 Feb - 3 Mar | 5:30pm - 7:30pm | 2 | $74 | $83 |
| Youth Crochet/Knitting | Fridays | 2 Apr & 9 Apr | 10am - 12pm | 2 | $37 | $41 |
| Harmony Week Garden Party | Details TBC | | | | | |
| Pascoe Vale Repair Cafe | Sunday | 7 Feb, 7 Mar, 4 Apr, 2 May, 6 Jun, 4 Jul, 1 Aug, 5 Sep, 3 Oct, 7 Nov, 5 Dec | 10am - 1pm | 11 | Pay as you feel | |

# PASCOE VALE REPAIR CAFÉ

## 1st Sunday of the Month
## 10am - 1pm

@ Sussex Neighbourhood House
7 Prospect Street, Pascoe Vale




*Neighbours helping neighbours fix stuff!*

The repair café is all about repairing things together.

With a community of skilled, volunteer repairers every month, we can repair electronic appliances, sound equipment, bicycles, and toys, mend garments and watches, and perform general hammer and nail repairs.

If you can bring it through the door, we'll do our best to fix it! Don't throw it away - give your items a second life at the repair café.

# PASCOE VALE FOOD COLLECTIVE

## 2nd Saturday of the Month
## 9:30am - 11:30am

@ the Pascoe Vale Senior Citizens Centre
20 Norton St, Pascoe Vale (Opposite James Reserve)

Low waste, bulk buying for residents of Pascoe Vale and surrounding suburbs.

Grocery and cleaning products are sourced in bulk and provided for distribution to members and visitors on a monthly distribution day.

We encourage the community to bring their own containers for filling – but always have clean jars and paper bags on hand to make the process easy!



Sussex Neighbourhood House

# Room Hire

*Architecturally designed and fully mobility accessible | Available 7 days a week from 6am to 11pm.*



## Room 1 & 2

**9.3m x 7.15m**

Natural lighting, 2 digital screens, 2 whiteboards, sliding doors to outdoor courtyard, room divider, adjacent kitchen



## Claire Martin Room

**8.5m x 7.6m**

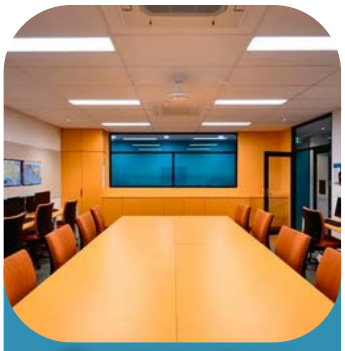
Carpeted room, 2 digital screens, 2 whiteboards, room divider, adjacent kitchen



## Community Hub

**10m x 12.3m**

Fully equipped kitchen. Access to disability toilets and baby change station



## Computer Lab

**6m x 7.5m**

12 computers with internet access, and an interactive smart screen



## Pool Hall

**10m x 15m**

Includes kitchen with ample bench space, hallway access to bathrooms, public wi-fi, heating, with tables and chairs



## Art Room

**9.9m x 6.8m**

Open studio space with natural light, sliding doors to outdoor section, and 2 sinks.



## Meeting Room

**3.7m x 5.3m**

Bench space with sink, whiteboard, and sliding door to outdoor courtyard



## Office Space

**3.1m x 4.5m**

Suitable for up to 3 desk spaces, internet & telephone, reception

# Recycle @ Sussex

SNH is home to a number of recycling collection points. We have dedicated sorters, for your lids and tags, and we partner with local initiatives who proudly recycle for us.. Some even reconstruct your recyclables into brand new things!



## LIDS4KIDS

Lids4Kids rescues plastic bottle lids from landfill and recycles them to protect our environment for future generations and wildlife.
We've partnered with the Jesuit Social Services' Ecological Justice Hub where they melt down the lids on site to re-mold them into practical items for sale.

**Learn More:**
www.lids4kids.org.au
jss.org.au



## PROJECT PAIR UP

Project Pair Up collects mismatching containers and lids from the community and pairs them up so they can be given back or donated. You can find a collection box at reception.
**Reusable cups also accepted!**

Project Pair Up has also partnered with Packshare in collecting supermarket shopping bags to reuse for giving away food without having to buy new bags.

**Learn More:**
www.facebook.com/ProjectPairUp



## KARI FOUNDATION

KARI collects containers through the Victorian Container Deposit Scheme.
Purple collection bins will be outside our front door during business hours for you to donate eligible containers. Half of all proceeds go to the KARI Foundation.

**Learn More:**
https://www.kari.org.au/about

## THE PENCILS PROJECT

The Pencils Project redistributes excess stationery from where it is unwanted to where it is needed most. They work with a range of organisations with access to communities where economic challenges prevent children from acquiring adequate, essential stationery.

**Find them on Facebook:**
@The Pencils Project

**View a list of accepted stationery:**



## COFFEE POD COLLECTION POINT

Your aluminium capsules are collected at our reception, then sent to a local specialist recycling plant to separate the coffee from the aluminium so they can both go on to live a second life.

**Learn More:**
www.nespresso.com/pro/au/en/our-choices

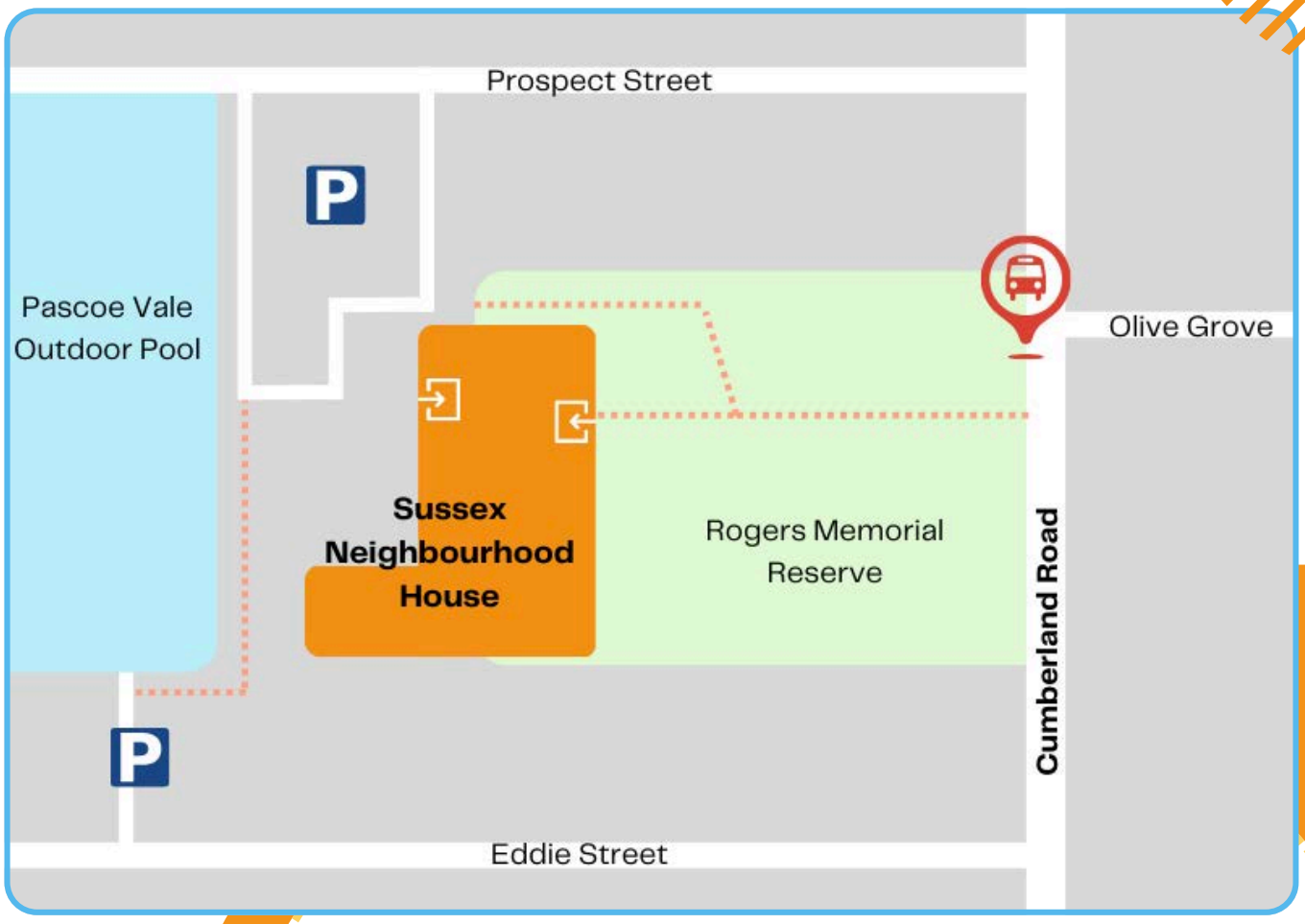
## LAPTOP COLLECTION

Glee Givers is a not-for-profit that works to refurbish devices and pass them on to those without access to technology. allowing them to connect and reducing e-waste at the same time.
GleeGivers is looking for **Windows Laptops, MacBook Pro/Air, & iMacs no more than 8 years old**.

**Learn More:**
gleegiver.au

Sussex Neighbourhood House

# How to Find Us




*Share, Learn, Enjoy, Grow*

@SussexNeighbourhoodHouse

@sussexneighbourhoodhouse

Sussex Neighbourhood House Inc.

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to **www.sussexnh.org.au** and scroll to the bottom of the page to join

**Office Hours**
Mon to Fri, 8:30am - 4:30pm

**Phone**
03 9354 2210

**Mail**
enquiries@sussexnh.org.au

**Website**
www.sussexnh.org.au

**Address**
7 Prospect St, Pascoe Vale 3044

Sussex Neighbourhood House