



Share, Learn, Enjoy, Grow

SUSSEX NEIGHBOURHOOD HOUSE

# PROGRAM GUIDE

Term 1

JANUARY - MARCH 2026

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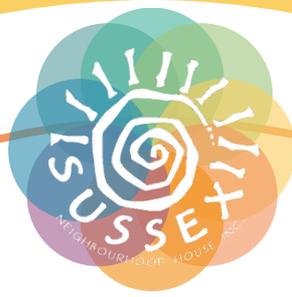
**Sussex  
Neighbourhood  
House**

 7 Prospect St,  
Pascoe Vale, 3044

 9354 2210

 [sussexnh.org.au](http://sussexnh.org.au)

 [enquiries@sussexnh.org.au](mailto:enquiries@sussexnh.org.au)



# ABOUT US

Sussex Neighbourhood House is a community hub committed to providing lifelong learning through social activities that are inclusive, accessible, and sustainable for the local community. We offer a range of activities suitable for all ages and abilities.

Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages and genders. We are committed to access, equity, participation and rights for everyone: principles which empower, foster harmony and increase the wellbeing of an inclusive community.

## First Time at Sussex?

We would like you to get the most out of your classes.

You are welcome to visit Sussex Neighbourhood House anytime to see where your class is held. Have a look around and have cuppa.

If you would like to get to know some of the other participants or the tutor, we are happy to offer a free trial. Please contact us to arrange a time.

We welcome Carers attend classes with participants if required.

Classes are relaxed, some are quiet and some can get loud. Speak to staff about the types of classes that would suit you.

Parents are welcome to stay in the Hub where tea, coffee, and free Wi-Fi is available while children attend classes.

If you need to use a quiet space, you can sit in the library just off the kitchen.

Our toilets are accessible.



# CLASS POLICIES & ENROLMENTS

Your assistance in helping to keep the costs of the classes as low as possible is appreciated.

## Bookings are essential!

Classes are confirmed once the number of enrolments required to cover the cost of running the class is achieved.

## REFUNDS

Enrolments will be for the full term.

A full refund will be provided if you withdraw at least 7 days before the commencement date of the class.

After commencement, refunds will only be considered in special circumstances.

Refund requests must be in writing and a refund fee of \$20 will be retained.

## Book and Pay.

### Online, by phone or in person?

- Pay via credit/debit card or cash. Card payments made via the Square terminal will incur a 1.6% processing fee.
- Agencies can request an invoice.
- If you are having difficulty with payment a payment plan can be arranged

### Multi-Booking Discount

Take advantage of our 10% off the standard rate when enrolling in 2 or more classes.

\*Learn Local Programs- Eligibility criteria apply.



 **Office Hours**  
Mon to Fri, 8:30am - 4:30pm

 **Phone**  
03 9354 2210

 **Website**  
[www.sussexnh.org.au](http://www.sussexnh.org.au)

 **Mail**  
[enquiries@sussexnh.org.au](mailto:enquiries@sussexnh.org.au)

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7 Prospect St, Pascoe Vale 3044

 **@SussexNeighbourhoodHouse**

 **@sussexneighbourhoodhouse**

 **Sussex Neighbourhood House Inc.**

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to [www.sussexnh.org.au](http://www.sussexnh.org.au) and scroll to the bottom of the page to join

# Creativity - Arts & Crafts

Unleash your inner artist and explore your creative potential! Our creativity courses include painting, drawing, crafts, clay, sewing, and more, offering a space to experiment and thrive. Whether you're a beginner or experienced, you'll find a supportive environment to express yourself and develop your skills.

## Sewing for Beginners

Learn to sew in a friendly environment with our resident professional pattern & dress maker, Jan Bowles. Suitable for all skill levels. Some materials and sewing machines supplied, or bring your own if you prefer.



## Makers, Menders & Basketry

Interested in creating through recycling, making, mending, and basket weaving? A resourceful social group for the crafter in you. Enjoy creative sessions with like-minded locals and a cuppa. BYO project.



## Craft Circle

For people looking to knit or crochet socially in a calm environment. Also, for keen quilters, patch-workers, lovers of embroidery or anything else the crafter in you desires.



## Mixed Media

An arts and crafts program designed for adults with disabilities. Participants will use a variety of different mediums to explore creativity in a safe environment. All materials included.

*A discount of 10% is applied if enrolled in both Creative Movement and Dance and Mixed Media*

## Kids Create

Stimulate the imagination & spark your kid's creativity with Tiffeny! Kids Create is a small creative expression group for **kids in Grades 3-6**, where young, hopeful creatives are invited to explore a topic in artistic forms of their choice. All forms of creative expression welcome!

## Crochet Crew



A friendly space to stitch, learn, and connect! Whether you're a beginner or looking to refine your skills, bring your project and enjoy some yarn-filled fun.

## Clay Art for Adults

A social and community-based inclusive program, tailored for adults with disabilities. Create and glaze unique small works of art using hand building techniques. Materials and firing included.

## Small Objects in Clay

Create and glaze unique small works of art with our new and experienced clay tutor - using hand-building techniques. Materials and firing included.

## Clay Art for Kids

With our new and experienced clay art teacher, enjoy this hands-on opportunity for kids to have fun creating with clay. Learn how to make, decorate and glaze by creating a different project each week. Materials and firing included.

**2 Classes:**

**6-10-year-olds or**

**10-15 year-olds**

# Creativity - Arts & Crafts

## Knitting

Suitable for all knitting skill levels and those looking for guidance with their own project. Some materials provided to get you started.

## Youth Artspace

Start, renew or fulfil your passion for art learning new alternate skills in an open studio space. A great opportunity to build on your VCE portfolio or to increase your artistic awareness.

**For Grades 7-12**

## Art Space

Looking for a space to connect socially and craft? Get in touch with us!

## Little Artists

Ignite kid's spark for creativity with Michelle! This fun arts program for **kids in Grades K-3** fosters children's wellbeing and capacity to focus on a task by engaging the imagination.

## Drawing & Watercolour

With renowned artist, Ted Dansey, this class covers all the important principles and techniques of both drawing and watercolour. Ted encourages a 'learn as you go' style of painting.

Learn to enjoy the medium and 'keep it simple' through demonstration and guidance from Ted.



# Creativity - Arts & Crafts

No programs Monday March 9th

 for kids/youth

Program	Day	Term Dates	Time	Sessions	Conc. Fee	Stand. Fee
Sewing for Beginners	Monday	2 Feb - 30 Mar	9:30am - 12pm	8	\$112	\$124
Makers, Menders & Basketry	Monday	From 2 Feb	10:30am - 1:30pm		Gold Coin	
Craft Circle	Monday	From 12 Jan	1pm - 3pm		Gold Coin	
Mixed Media	Monday	2 Feb - 30 Mar	2pm - 3:30pm	8	\$253	\$282
Kids Create	Monday	2 Feb - 30 Mar	4:15pm - 5:45pm	8	\$171	\$190
 Crochet Crew	Monday	2 Feb - 30 Mar	5:30pm - 7:30pm	8	\$142	\$157
Clay Art for Adults	Tuesday	3 Feb - 31 Mar	1pm - 3pm	9	\$466	
Clay Art for Kids	Tuesday	3 Feb - 31 Mar	4:30pm - 6pm	9	\$219	\$243
 Clay Art for Big Kids	Thursday	5 Feb - 2 Apr	4:30pm - 6pm	9	\$219	\$243
Small Objects in Clay	Tuesday	3 Feb - 31 Mar	6:30pm - 8:30pm	9	\$285	\$317
	Thursday	5 Feb - 31 Mar	1pm - 3pm	9	\$285	\$317
Knitting	Thursday	5 Feb - 2 Apr	7pm - 9pm	9	\$159	\$177
Drawing & Watercolour	Wednesday	4 Feb - 1 Apr	10am - 12pm	9	\$302	\$335
Little Artists	Wednesday	4 Feb - 25 Mar	4pm - 5pm	8	\$154	\$171
Youth Artspace	Wednesday	4 Feb - 1 Apr	6pm - 8pm	9	\$72	\$108

# Digital Skills & Technology

Stay connected in the digital world! From learning the basics of computers to coding and media production, our courses are designed for all levels of experience. Build confidence with technology, enhance your career prospects, or simply enjoy discovering the endless possibilities of the digital age.

## Introduction to Computers



This course is designed for people who are new to computers and want to learn from the basics through to navigating the internet.

## Let's Animate: Introduction to 3D Animation

Learn how to use 3D animation software to create your own computer generated graphics in this course. **Ages 11 to 25.**

## Digital Skills for Everyday Life



This course will empower you to carry out actions such as emailing, online shopping, and social media use on all IT devices.

## Understanding Smart Devices



For people who are new to smart devices. Classes will begin with the basics, guiding students through how to turn on and use their device for everyday living.

## Code Club

For kids and their carers to collaborate on coding, animation and computer design projects. **Ages 9-13**

## Gaming Bugs



A safe, social, and sensory-aware gaming group for **girls in Grades 3-6**, designed with neurodivergent players in mind. Build friendships, play your favourite games, and enjoy a welcoming, neuro-affirming space that celebrates your strengths.

for kids/youth

No classes on Monday March 9th

\*eligibility criteria apply - see page 4

Program	Day	Term Dates	Time	Sessions	Conc. Fee	Stand. Fee
Code Club	Monday	2 Feb - 30 Mar	5:15pm - 6:15pm	8	\$37	\$41
Introduction to Computers	Tuesday	3 Feb - 31 Mar	9:30am - 12pm	9	\$12.50	
Let's Animate	Tuesday	3 Feb - 31 Mar	5:15pm - 6:15pm	9	\$57	\$63
<b>NEW!</b> Gaming Bugs	Wednesday	4 Feb - 1 Apr	4:15pm - 5:15pm	9	\$41	\$45
Understanding Smart Devices	Thursday	5 Feb - 2 Apr	1pm - 3:30pm	9	\$12.50	
Digital Skills for Everyday Life	Friday	6 Feb - 27 Mar	12:15pm - 2:15pm	8	\$12.50	

# Language & Communication

Empower your voice and connect with the world! Join our language classes or conversation groups to improve your speaking, writing, and comprehension skills. Whether learning English or mastering another language, our courses are inclusive, practical, and tailored to your goals.

## English for Everyday Life



Learn the words, phrases, and simple grammar needed to chat with neighbors, navigate local shops, and feel more at home.

## English for Beginners (Level 1)



This program assists learners in developing their English language skills for improved day to day interactions, community engagement and participation.

## Continuing English (Level 2)



Learn useful vocabulary and grammar to take your English to the next level. Level 2 is for learners looking to improve their English and for those who have completed Level 1.

## Spanish for Adults: Beginner

A class for beginners and those with basic Spanish language. Continue to learn and improve Spanish speaking skills in a group learning environment.

## Spanish for Adults: Intermediate

A course for those who want to enhance fluency and polish their Spanish language skills through conversation and group education.

## EAL Offsite



Foundation English courses offered at local primary schools or community centres. Perfect for beginners with limited background speaking English.

## English Conversation

If you'd like help building confidence in speaking English, get in touch to express your interest for Term 2 and we'll match you with a volunteer based on your level and goals. Casual, friendly, and free!



# Language & Communication

No classes on Monday March 9th

\*eligibility criteria apply - see page 4

Program	Day	Term Dates	Time	Sessions	Conc. Fee	Stand. Fee
English for Everyday Life	Friday	6 Feb - 27 Mar	10am - 12pm	8	\$12.50	
English for Beginners (Level 1)	Friday	6 Feb - 27 Mar	10am - 12pm	8	\$12.50	
Continuing English (Level 2)	Tuesday	3 Feb - 31 Mar	12:30pm - 2:30pm	9	\$12.50	
Spanish for Adults: Beginners	Monday	2 Feb - 30 Mar	6:30pm - 8pm	8	\$171	\$190
Spanish for Adults: Intermediate	Tuesday	3 Feb - 31 Mar	6:30pm - 8pm	9	\$193	\$214
English at Mickleham South Community Centre	Monday	2 Feb - 30 Mar	11:15am - 1:15pm	8	FREE*	
English for Women: Mickleham South Community Centre	Monday	2 Feb - 30 Mar	9:15am - 11:15am	8	FREE*	
English at Kalkallo Community Centre	Monday	2 Feb - 30 Mar	11am - 1pm	8	FREE*	
English at Glenroy West Primary School	Thursday	5 Feb - 2 Apr	9:15am - 11:15am	9	FREE*	
Foundation English at St Dominic's School	Thursday	5 Feb - 2 Apr	12:30pm - 2:30pm	9	FREE*	
Continuing English at St Dominic's School	Thursday	5 Feb - 2 Apr	9:30am - 12pm	9	FREE*	

# Performing Arts, Music & Movement

Find joy and expression through music, dance, and performance! Participate in ukulele classes, choir groups, or Tai Chi and Yoga sessions to build confidence, improve wellbeing, and celebrate the power of movement and rhythm. Perfect for beginners and enthusiasts alike.

## Yoga with Simone

Hatha Vinyasa Yoga led by the passionate and experienced Simone Litchfield. Be guided with a flowing and mindful approach to asana (postures) & Pranayama (breath). This class fosters strength, flexibility and tranquillity.

*BYO mat.*

## Yoga with Melisa

Hatha Yoga with the wonderful Melisa incorporates a balance of challenging and restorative physical positions, meditation, breathwork and guided relaxation.

*BYO mat.*

## Chair Yoga

Chair Yoga with Simone - find your mobility in a way that is soft and gentle but also supportive and beneficial. This class invites awareness and integrity into the body and activate the muscles that help you find length up through the spine for better posture and energy flow.

## Mat Pilates



An inclusive, community-focused class that builds mobility, strength, and breath awareness through Pilates-based movement. Suitable for all levels, just bring a mat and water bottle to join in!

## Tai Chi Beginner

Perfect for those who wish to learn the art of Tai Chi & improve their health through the use of gentle mind-body exercises. Beginner level class with our experienced Tai Chi instructor Averil.

## Tai Chi Intermediate

Post-beginner Tai Chi program with Averil, compassionately designed to improve balance, coordination & strength using simple mind-body exercises.

## Tai Chi Advanced

For participants with experience of Tai Chi who are seeking to build on their practice with a more challenging form.

## Creative Movement & Dance

Develop creative imagination through dance, music and drama in a friendly and supportive social context. Tailored for adults with disabilities.

*A discount of 10% is applied if enrolled in both Creative Movement and Dance, and Mixed Media*

## Country Scottish Dance



A lively social dance to great music. Led by happy dancers who want to share the fun. No partner required, just a pair of soft shoes and a reasonable level of mobility.

## Keyboard for Kids

Music classes for **kids aged 7-12**. With our experienced music teacher, learn in a small group and at your own pace.

*BYO keyboard.*

## Ukulele for Adults

Join the multi-talented Phil Hudson and further your musical abilities in a small and friendly group setting! Learn new chords, tablature and strum patterns. Suitable for all levels.

*BYO Ukulele.*

## Skylarks Community Choir

Love to sing? Join our friendly and inclusive community choir led by the multi-talented Phil Hudson from Black Sheep Music.



# Performing Arts, Music & Movement

 for kids/youth

*No classes on Monday March 9th*

Program	Day	Term Dates	Time	Sessions	Conc. Fee	Stand. Fee
<b>NEW!</b> Mat Pilates	Monday	2 Feb - 30 Mar	10:30am - 11:15am	8	\$134	\$149
Creative Movement & Dance	Monday	2 Feb - 30 Mar	12:30pm - 2pm	8	\$253	\$282
Keyboard Lessons for Kids Beginners	Monday	2 Feb - 30 Mar	4:30pm - 5:20pm	8	\$149	\$166
Keyboard Lessons for Kids Intermediates			5:30pm - 6:20pm			
Yoga with Simone	Monday	2 Feb - 30 Mar	7:30pm - 8:30pm	8	\$134	\$149
	Tuesday	3 Feb - 31 Mar	9:30am - 10:30am	9	\$151	\$168
Chair Yoga: Morning Session	Tuesday	3 Feb - 31 Mar	11am - 12pm	9	\$103	\$114
Chair Yoga: Afternoon Session			12:15pm - 1:15pm			
Yoga with Melisa	Wednesday	4 Feb - 1 Apr	6:30pm - 7:45pm	9	\$154	\$171
Tai Chi Advanced	Thursday	5 Feb - 2 Apr	9:30am - 10:30am	9	\$134	\$149
Tai Chi Intermediate			12:30pm - 1:30pm			
Tai Chi Beginners			11am - 12pm			
Ukulele Beginners	Thursday	5 Feb - 2 Apr	10am - 11am	9	\$154	\$171
Ukulele Intermediate			11:15am - 12:15pm			
Skylarks Community Choir	Thursday	5 Feb - 2 Apr	1pm - 2:30pm	9	\$93	\$103

# Social & Community Engagement

Foster meaningful connections and become an active part of the community! Our social and community programs include volunteering opportunities, inclusive group activities, and initiatives to give back to the local area. Join us to share, learn, and grow together.

## Book Club

Do you enjoy reading and discussing books with others? Come and join our wonderful Book Club! With topical book choices, this monthly social group would love to hear your ideas. Books provided by Merri-bek City Council Libraries.

## Family History Group

An informal group for locals passionate about researching their family history. Sussex provides use of computers, a range of databases & source materials.

## Pieceful Puzzle Club

Calling all puzzle enthusiasts! Whether you're a casual puzzler, a speedy problem solver, or simply looking to connect with others over a shared hobby, this group has something for you.

## Sallywags Playtime

Facilitated by the enthusiastic Rose and suitable for babies to pre-schoolers, Sallywags is a joyous playgroup that covers music, rhymes, dance and fun crafts during the term. A wonderful opportunity to meet other local families. *New session Wednesday afternoon.*

## Chess Club

A fun and educational club for learning, improving, and practicing your chess, all taught by a skilled chess teacher. **Ages 12+**

## Chess Social Group

Whether you're a beginner or an experienced player, come along for a relaxed and friendly morning of chess. Connect with like-minded players, learn new strategies, and enjoy the game in a welcoming community space. **For Adults.**

## Gardening Social Group

Come along and meet new people as you engage in gardening activities together, learn about gardening techniques, and share ideas. An opportunity have a hand in the establishment of our front garden.

## Introduction to Gardening

New to gardening? Learn how to grow your own herbs, veggies, and flowers in this friendly, hands-on course. Gain confidence as you explore soil prep, plant care, seasonal planting, composting, and pest control. Perfect for beginners and renters alike.

## Homework Club

A weekly online homework club for **high school students**. One-on-one tutoring is available in English, maths and other subjects, including at VCE level. Places are limited and subject to availability of tutors.



# Social & Community Engagement

for kids/youth

No classes on Monday March 9th & April 20th

\*eligibility criteria apply - see page 4

Program	Day	Term Dates	Time	Sessions	Conc. Fee	Stand. Fee
Book Club	3rd Monday of the Month	16 Feb, 16 Mar, 18 May	1pm - 3pm		Gold Coin	
<b>NEW!</b> Adult Chess Social Group	Monday	From 12 Jan	10am - 12pm		FREE	
Chess Club	Tuesday	3 Feb - 31 Mar	4pm - 5pm	9	\$42	\$47
Introduction to Gardening	Tuesday	3 Feb - 31 Mar	10am - 12pm	9	FREE	
Gardening Social Group	Wednesday	From 14 Jan	10am - 11:30am		FREE	
<b>NEW!</b> Scallywags Playtime	Wednesday	4 Feb - 1 Apr	3pm - 5pm	9	\$210	\$233
	Thursday	5 Feb - 2 Apr	10am - 12pm	9	\$210	\$233
	Friday	6 Feb - 27 Mar	10am - 12pm	8	\$186	\$207
Homework Club	Thursday	5 Feb - 2 Apr	6:30pm - 8:30pm		FREE	
Chatty Café	Friday	From 16 Jan	10am - 12pm		FREE	
<b>NEW!</b> Pieceful Puzzle Club	3rd Saturday of the Month	17 Jan, 21 Feb, 21 Mar, 18 Apr	10am - 1pm		Gold Coin	
Family History Group	1st Saturday of the Month	7 Feb, 7 Mar, 28 Mar	1:30pm - 4:30pm		Gold coin	

# Workshops & Events

Discover new passions or sharpen your skills in a workshop format! These short-term courses are perfect for busy schedules and curious minds. Our community events are open to the public for us to celebrate altogether!

## Pattern Making

Love a garment too much to part with it? Learn how to create a custom pattern from your favourite clothes without unpicking a single stitch in this hands-on workshop for experienced sewers.

## Dungeons & Dragons

Over three sessions, you'll create a character, learn the rules, and embark on a collaborative fantasy adventure, whether you're playing for the first time or just curious to see what it's all about. **Sessions available for both teens (11–15) and adults.**

## Garden Tool Care

NEW!

Whether you're new to gardening or simply want to revive your tools, this workshop covers cleaning, sharpening, rust removal, and minor repairs for everyday tools.

## Pascoe Vale Repair Cafe

With our band of skilled volunteers, we offer repairs of jewellery, clothing, bikes, toys, woodwork, knife sharpening, locksmithing and more!  
*Pay as you feel donation*

## Harmony Day

Join us for a relaxed and welcoming celebration of Harmony Week. Enjoy music, a barbecue, an unveiling of our Peace Pole and the opportunity to connect with others in our community.  
**Free to attend. All welcome.**

## Writing Stories

An introductory creative writing workshop for all levels, featuring inspiring readings and guided writing exercises. Ideal for anyone wanting to start or reconnect with a creative writing practice.



# Workshops & Events

Program	Day	Term Dates	Time		Conc. Fee	Stand. Fee
Writing Stories	Saturday	28 Feb	10am - 11:30am	1	\$36	\$40
Garden Tool Care	Thursday	19 March	6pm - 7:30pm	1	\$30	
Harmony Day	Thursday	19 March	11am - 1pm		FREE, please RSVP for catering	
Pattern Making	Saturday	28 Mar	11am - 4pm	9	\$90	\$100
Dungeons & Dragons Teens	Saturday	7, 14, 21 Feb	1pm - 4pm	3	\$15	\$30
Dungeons & Dragons Adults	Saturday	7, 14, 21 Mar	1pm - 4pm	3	\$15	\$30
Pascoe Vale Repair Cafe	Sunday	1 Feb, 1 & 29 Mar	10am - 1pm	10	Pay as you feel	
School Holiday Activities	8 <sup>th</sup> April to 17 <sup>th</sup> April 2026					





# PASCOE VALE REPAIR CAFÉ

1st Sunday of the Month  
10am - 1pm

@ Sussex Neighbourhood House  
7 Prospect Street, Pascoe Vale

*Neighbours helping neighbours fix stuff!*

The repair café is all about repairing things together.

With a community of skilled, volunteer repairers every month, we can repair electronic appliances, bicycles, and toys, mend garments and sharpen knives, and perform general hammer and nail repairs.

If you can bring it through the door, we'll do our best to fix it! Don't throw it away - give your items a second life at the repair café.



# PASCOE VALE FOOD COLLECTIVE

2nd Saturday of the Month  
9:30am - 11:30am

@ the Pascoe Vale Senior Citizens Centre  
20 Norton St, Pascoe Vale (Opposite James Reserve)

Low waste, bulk buying for residents of Pascoe Vale and surrounding suburbs.

Grocery and cleaning products are sourced in bulk and provided for distribution to members and visitors on a monthly distribution day.

We encourage the community to bring their own containers for filling – but always have clean jars and paper bags on hand to make the process easy!





Sussex  
Neighbourhood  
House

# Room Hire

Architecturally designed and fully mobility accessible | Available 7 days a week from 6am to 11pm.



## Room 1 & 2

9.3m x 7.15m

Natural lighting, 2 digital screens, 2 whiteboards, sliding doors to outdoor courtyard, room divider, adjacent kitchen



## Room 3 & 4

8.5m x 7.6m

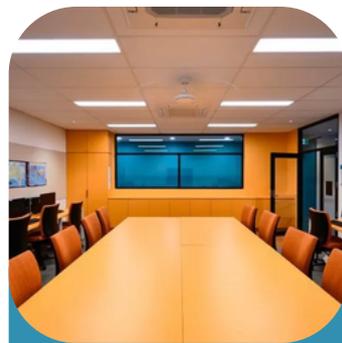
Carpeted room, 2 digital screens, 2 whiteboards, room divider, adjacent kitchen



## Community Hub

10m x 12.3m

Fully equipped kitchen. Access to disability toilets and baby change station



## Computer Lab

6m x 7.5m

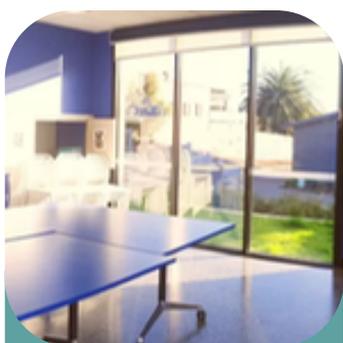
12 computers with internet access, and an interactive smart screen



## Pool Hall

10m x 15m

Includes kitchen with ample bench space, hallway access to bathrooms, public wi-fi, heating, with tables and chairs



## Art Room

9.9m x 6.8m

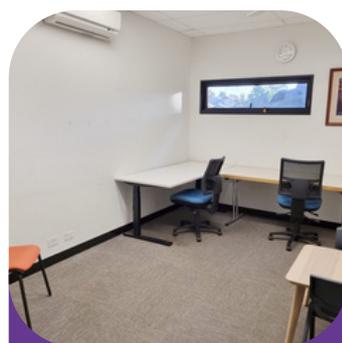
Open studio space with natural light, sliding doors to outdoor section, and 2 sinks.



## Meeting Room

3.7m x 5.3m

Bench space with sink, whiteboard, and sliding door to outdoor courtyard



## Office Space

3.1m x 4.5m

Suitable for up to 3 desk spaces, internet & telephone, reception

# Recycle @ Sussex

SNH is home to a number of recycling collection points. We have dedicated sorters, for your lids and tags, and we partner with local initiatives who proudly recycle for us.. Some even reconstruct your recyclables into brand new things!



## AUSSIE BREADTAGS FOR WHEELCHAIRS

We collect plastic bread tags that are then sent to be recycled locally. This project raises funds to buy wheelchairs for disadvantaged people, mainly in South Africa.

**Learn More:**

[ozbreadtagsforwheelchairs.org.au](http://ozbreadtagsforwheelchairs.org.au)



## LIDS4KIDS

Lids4Kids rescues plastic bottle lids from landfill and recycles them to protect our environment for future generations and wildlife. We've partnered with the Jesuit Social Services' Ecological Justice Hub where they melt down the lids on site to re-mold them into practical items for sale.

**Learn More:**

[www.lids4kids.org.au](http://www.lids4kids.org.au)  
[jss.org.au](http://jss.org.au)



## COFFEE POD COLLECTION POINT

Your aluminium capsules are collected at our reception, then sent to a local specialist recycling plant to separate the coffee from the aluminium so they can both go on to live a second life.

**Learn More:**

[www.nespresso.com/pro/au/en/our-choices](http://www.nespresso.com/pro/au/en/our-choices)



## PROJECT PAIR UP

Project Pair Up collects mismatching containers and lids from the community and pairs them up so they can be given back or donated. You can find a collection box at reception.

**Reusable cups also accepted!**

Project Pair Up has also partnered with Packshare in collecting supermarket shopping bags to reuse for giving away food without having to buy new bags.

**Learn More:**

[www.facebook.com/ProjectPairUp](http://www.facebook.com/ProjectPairUp)



## KARI FOUNDATION

KARI collects containers through the Victorian Container Deposit Scheme.

Purple collection bins will be outside our front door during business hours for you to donate eligible containers.

**Learn More:**

<https://www.kari.org.au/about>



## LAPTOP COLLECTION

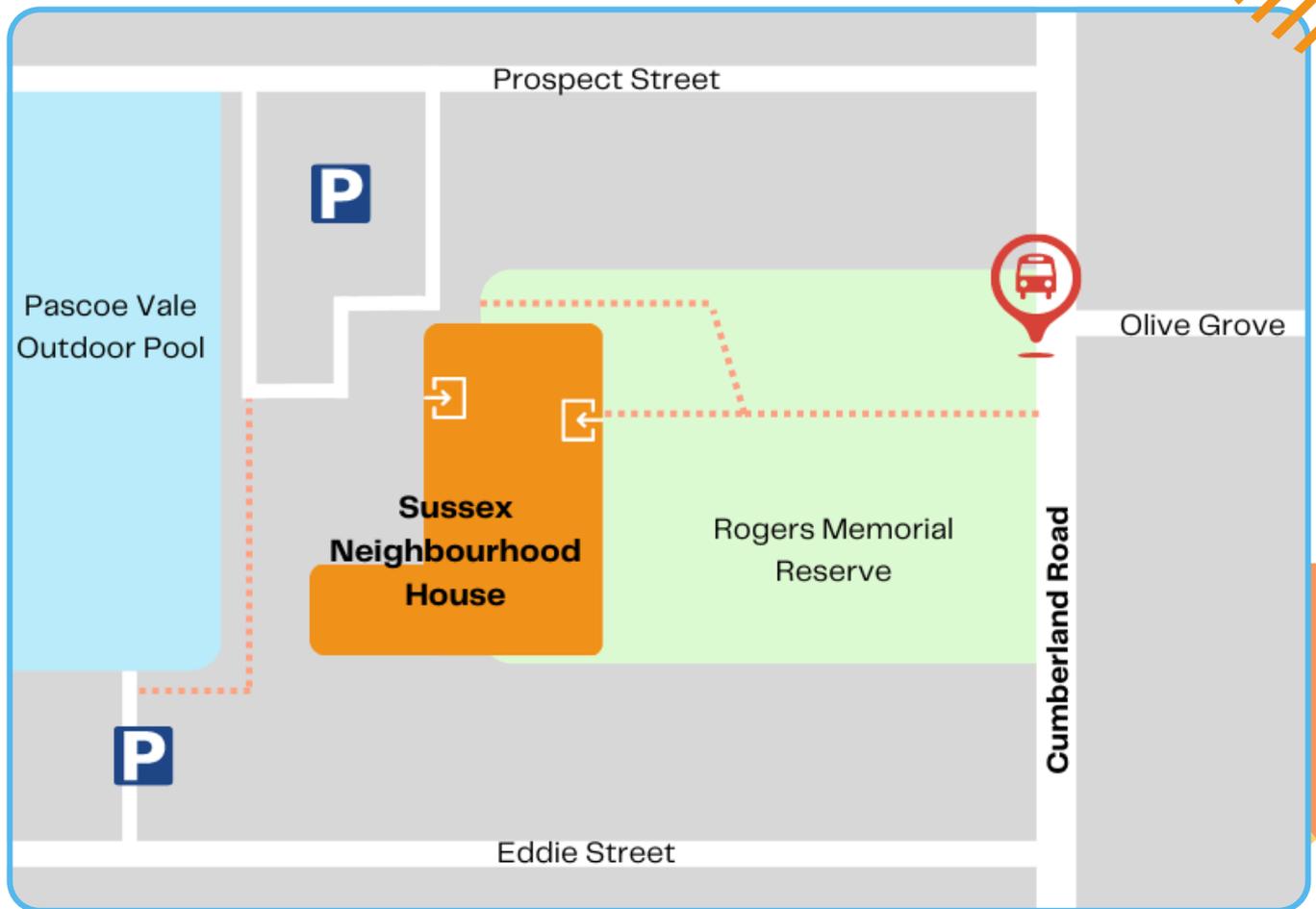
Glee Givers is a not-for-profit that works to refurbish devices and pass them on to those without access to technology. allowing them to connect and reducing e-waste at the same time.

GleeGivers is looking for **Windows Laptops 2015 or newer, MacBook Pro/Air 2013 or newer, & iMac 2019 or newer.**

**Learn More:**

[gleegiver.au](http://gleegiver.au)

# How to Find Us



Share, Learn, Enjoy, Grow



@SussexNeighbourhoodHouse



@sussexneighbourhoodhouse



Sussex Neighbourhood House Inc.

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to [www.sussexnh.org.au](http://www.sussexnh.org.au) and scroll to the bottom of the page to join

## Office Hours

Mon to Fri, 8:30am - 4:30pm



## Phone

03 9354 2210



## Mail

[enquiries@sussexnh.org.au](mailto:enquiries@sussexnh.org.au)



## Website

[www.sussexnh.org.au](http://www.sussexnh.org.au)



## Address

7 Prospect St, Pascoe Vale 3044

