

Share, Learn, Enjoy, Grow



**SUSSEX NEIGHBOURHOOD HOUSE**  
**PROGRAM**  
**GUIDE**  
**Term 3**  
*JULY - OCTOBER 2025*

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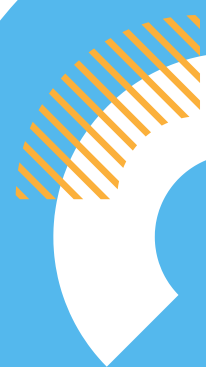
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**Sussex  
Neighbourhood  
House**



7 Prospect St,  
Pascoe Vale, 3044



9354 2210



[sussexnh.org.au](http://sussexnh.org.au)



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# ABOUT US

Sussex Neighbourhood House is a community hub committed to providing lifelong learning through social activities that are inclusive, accessible, and sustainable for the local community. We offer a range of activities suitable for all ages and abilities.

Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages and genders. We are committed to access, equity, participation and rights for everyone: principles which empower, foster harmony and increase the wellbeing of an inclusive community.

## First Time at Sussex?

We would like you to get the most out of your classes.

You are welcome to visit Sussex Neighbourhood House anytime to see where your class is held. Have a look around and have cuppa.

If you would like to get to know some of the other participants or the tutor, we are happy to offer a free trial. Please contact us to arrange a time.

We welcome Carers attend classes with participants if required.

Classes are relaxed, some are quiet and some can get loud. Speak to staff about the types of classes that would suit you.

Parents are welcome to stay in the Hub where tea, coffee, and free Wi-Fi is available while children attend classes.

If you need to use a quiet space, you can sit in the library just off the kitchen.

Our toilets are accessible.



# CLASS POLICIES & ENROLMENTS

Your assistance in helping to keep the costs of the classes as low as possible is appreciated.

## Bookings are essential!

Classes are confirmed once the number of enrolments required to cover the cost of running the class is achieved.

## REFUNDS

Enrolments will be for the full term.

A full refund will be provided if you withdraw at least 7 days before the commencement date of the class.

After commencement, refunds will only be considered in special circumstances. Refund requests must be in writing and a refund fee of \$20 will be retained.

## Book and Pay.

### Online, by phone or in person?

- Pay via credit/debit card or cash. Card payments made via the Square terminal will incur a 1.6% processing fee.
- Agencies can request an invoice.
- If you are having difficulty with payment a payment plan can be arranged

### Multi-Booking Discount

Take advantage of our 10% off the standard rate when enrolling in 2 or more classes.

\*Learn Local Programs- Eligibility criteria apply.



 **Office Hours**  
Mon to Fri, 8:30am - 4:30pm

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 **Sussex Neighbourhood House Inc.**

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to [www.sussexnh.org.au](http://www.sussexnh.org.au) and scroll to the bottom of the page to join





# Creativity – Arts & Crafts

Unleash your inner artist and explore your creative potential! Our creativity courses include painting, drawing, crafts, clay, sewing, and more, offering a space to experiment and thrive. Whether you're a beginner or experienced, you'll find a supportive environment to express yourself and develop your skills.

## Sewing for Beginners

Learn to sew in a friendly environment with our resident professional pattern & dress maker, Jan Bowles. Suitable for all skill levels. Some materials and sewing machines supplied, or bring your own if you prefer.



## Makers, Menders & Basketry

Interested in creating through recycling, making, mending, and basket weaving? A resourceful social group for the crafter in you. Enjoy creative sessions with like-minded locals and a cuppa. BYO project.



## Craft Circle

For people looking to knit or crochet socially in a calm environment. Also, for keen quilters, patch-workers, lovers of embroidery or anything else the crafter in you desires.



## Mixed Media

An arts and crafts program designed for adults with disabilities. Participants will use a variety of different mediums to explore creativity in a safe environment. All materials included.

*A discount of 10% is applied if enrolled in both Creative Movement and Dance and Mixed Media*

## Kids Create

Stimulate the imagination & spark your kid's creativity with Tiffeny! Kids Create is a small creative expression group for **kids in Grades 5-6**, where young, hopeful creatives are invited to explore a topic in artistic forms of their choice. All forms of creative expression welcome!

## The Crochet Crowd



A friendly crochet group for beginners and beyond! Get guidance on new skills, troubleshoot projects, or simply enjoy stitching and socialising with fellow crocheters. in this **fortnightly** program.

*Basic materials provided.*

## Clay Art for Adults

A social and community-based inclusive program, tailored for adults with disabilities. Create and glaze unique small works of art using hand building techniques. Materials and firing included.

## Small Objects in Clay

Create and glaze unique small works of art with our new and experienced clay tutor - using hand-building techniques. Materials and firing included.

## Clay Art for Kids

With our new and experienced clay art teacher, enjoy this hands-on opportunity for kids to have fun creating with clay. Learn how to make, decorate and glaze by creating a different project each week. Materials and firing included.

**For 8-12-year-olds.**

# Creativity - Arts & Crafts

## Knitting

Suitable for all knitting skill levels and those looking for guidance with their own project. Some materials provided to get you started.

## Drawing & Watercolour

With renowned artist, Ted Dansey, this class covers all the important principles and techniques of both drawing and watercolour. Ted encourages a 'learn as you go' style of painting.

Learn to enjoy the medium and 'keep it simple' through demonstration and guidance from Ted.

## Art Space

A fantastic opportunity to get creative with company, Art Space is an open social group where you can bring along your own art projects to work on and share them with like-minded locals over a cuppa. Everyone is welcome, even if you're just coming for a chat.

## Little Artists

Ignite kid's spark for creativity with Michelle! This fun arts program for **kids in Grades K-2** fosters children's wellbeing and capacity to focus on a task by engaging the imagination.

## Arty Explorers

NEW!

Unleash your child's creativity in a fun, hands-on art adventure made just for **kids in Grades 3-4**.

## Youth Artspace

Start, renew or fulfil your passion for art learning new alternate skills in an open studio space. A great opportunity to build on your VCE portfolio or to increase your artistic awareness.

**For Grades 7-12**







## Creativity - Arts & Crafts

*No programs on Monday June 9th*

 for kids/youth

| Program   | Day       | Term Dates      | Time             | Sessions | Conc. Fee | Stand. Fee |
|---|-----------|-----------------|------------------|----------|-----------|------------|
| Sewing for Beginners  | Monday    | 28 Jul - 15 Sep | 9:30am - 12pm    | 8        | \$112     | \$124      |
| Makers, Menders & Basketry  | Monday    | From 21 July    | 10:30am - 1:30pm | 11       | Gold Coin |            |
| Craft Circle  | Monday    | From 21 July    | 1pm - 3pm        | 11       | Gold Coin |            |
| Mixed Media   | Monday    | 28 Jul - 15 Sep | 2pm - 3:30pm     | 8        | \$253     | \$282      |
| Kids Create   | Monday    | 28 Jul - 15 Sep | 4:15pm - 5:45pm  | 8        | \$171     | \$190      |
|  The Crochet Crowd       | Monday    | 28 Jul - 15 Sep | 5:30pm - 7:30pm  | 4        | \$71      | \$79       |
| Clay Art for Adults   | Tuesday   | 29 Jul - 16 Sep | 1pm - 3pm        | 8        | \$414     |            |
| Clay Art for Kids   | Tuesday   | 29 Jul - 16 Sep | 5pm - 6pm        | 8        | \$179     | \$199      |
|  Small Objects in Clay | Tuesday   | 29 Jul - 16 Sep | 6:15pm - 8:15pm  | 8        | \$253     | \$282      |
|   | Thursday  | 31 Jul - 18 Sep | 1pm - 3pm        | 8        | \$253     | \$282      |
| Knitting  | Tuesday   | 29 Jul - 16 Sep | 6:30pm - 8:30pm  | 8        | \$142     | \$157      |
|   | Thursday  | 31 Jul - 18 Sep | 7pm - 9pm        | 8        | \$142     | \$157      |
| Drawing & Watercolour   | Wednesday | 30 Jul - 17 Sep | 10am - 12pm      | 8        | \$268     | \$298      |
| Art Space   | Wednesday | From 23 July    | 1pm - 3pm        | 11       | Gold Coin |            |
| Little Artists  | Wednesday | 30 Jul - 17 Sep | 4pm - 5pm        | 8        | \$154     | \$171      |
| Youth Artspace  | Wednesday | 23 Jul - 17 Sep | 6:30pm - 8:30pm  | 9        | \$108     | \$72       |

# Digital Skills & Technology

Stay connected in the digital world! From learning the basics of computers to coding and media production, our courses are designed for all levels of experience. Build confidence with technology, enhance your career prospects, or simply enjoy discovering the endless possibilities of the digital age.

## Introduction to Computers



This course is designed for people who have a very basic knowledge of computers and want to learn or advance their skills in basic programs and internet searching.

## Let's Animate: Introduction to 3D Animation

Learn how to use 3D animation software to create your own computer generated graphics in this course. **Ages 11 to 25.**

## Digital Skills for Everyday Life



This course will empower you to carry out actions such as emailing, online shopping, and social media use on all IT devices.

## Gaming Bugs



A safe, social, and sensory-aware gaming group for girls in Grades 3-6, designed with neurodivergent players in mind. Build friendships, play your favourite games, and enjoy a welcoming, neuro-affirming space that celebrates your strengths.

## From Sketch to Screen



Learn the fundamentals of 3D modelling and animation in this hands-on Blender workshop for adults, perfect for complete beginners. Guided step-by-step, you'll design, animate, and export your own digital creations using professional-grade software.

## Understanding Smartphones



For people who are new to smartphones. Classes will begin with the basics, guiding students through how to turn on and use smartphones for everyday living.

for kids/youth

\*eligibility criteria apply - see page 4

| Program                          | Day       | Term Dates      | Time            | Spots | Conc. Fee | Stand. Fee |
|----------------------------------|-----------|-----------------|-----------------|-------|-----------|------------|
| Introduction to Computers        | Tuesday   | 29 Jul - 16 Sep | 9:30am - 12pm   | 8     | \$12.50   |            |
| Let's Animate                    | Tuesday   | 22 Jul - 16 Sep | 5:15pm - 6:15pm | 9     | \$57      | \$63       |
| Gaming Bugs                      | Wednesday | 30 Jul - 17 Sep | 4:15pm - 5:15pm | 8     | \$38      | \$42       |
| From Sketch to Screen            | Wednesday | 6 Aug - 17 Sep  | 6:30pm - 8pm    | 7     | \$138     | \$124      |
| Understanding Smartphones        | Thursday  | 31 Jul - 18 Sep | 1pm - 3:30pm    | 8     | \$12.50   |            |
| Digital Skills for Everyday Life | Friday    | 1 Aug - 19 Sep  | 12pm - 2pm      | 8     | \$12.50   |            |



# Language & Communication

Empower your voice and connect with the world! Join our language classes or conversation groups to improve your speaking, writing, and comprehension skills. Whether learning English or mastering another language, our courses are inclusive, practical, and tailored to your goals.

## English Conversation Group



A casual and volunteer-led group focused on improving English conversation skills in a relaxed social setting.  
*No booking required.*

## Everyday English



Learn the words, phrases, and simple grammar needed to chat with neighbors, navigate local shops, and feel more at home.

## English for Beginners (Level 1)



This program assists learners in developing their English language skills for improved day to day interactions, community engagement and participation.

## Continuing English (Level 2)



Learn useful vocabulary and grammar to take your English to the next level. Level 2 is for learners looking to improve their English and for those who have completed Level 1.

## English Language for Over 60's



English as an additional language for over 60's. Build confidence in everyday language by engaging in a social setting with a focus on improving your English language.

## EAL Offsite



Foundation English courses offered at local primary schools or community centres. Perfect for beginners with limited background speaking English.

## Spanish for Adults: Beginner

A class for beginners and those with basic Spanish language. Continue to learn and improve Spanish speaking skills in a group learning environment.

## Spanish for Adults: Intermediate








A course for those who want to enhance fluency and polish their Spanish language skills through conversation and group education.



# Language & Communication

*No classes on Monday June 9th*

\*eligibility criteria apply - see page 4

| Program   | Day      | Term Dates      | Time             | Sessions | Conc. Fee | Stand. Fee  |
|---|----------|-----------------|------------------|----------|-----------|---|
| <b>NEW!</b> English Conversation Group                          | Monday   | 28 Jul - 15 Sep | 10am - 11:30am   | 8        | FREE      |   |
| Everyday English  | Friday   | 8 Aug - 26 Sep  | 10am - 12pm      | 8        | \$12.50   |    |
| English for Beginners (Level 1)                                 | Friday   | 1 Aug - 19 Sep  | 9:30am - 11:30am | 8        | \$12.50   |    |
| Continuing English (Level 2)                                    | Tuesday  | 29 Jul - 16 Sep | 12:30pm - 2:30pm | 8        | \$12.50   |    |
| English Language for Over 60's                                  | Thursday | 31 Jul - 18 Sep | 11:45am - 1:45pm | 8        | \$12.50   |   |
| Spanish for Adults: Beginners                                   | Monday   | 28 Jul - 15 Sep | 6:30pm - 8pm     | 8        | \$171     | \$190   |
| Spanish for Adults: Intermediate                                | Tuesday  | 22 Jul - 16 Sep | 6:30pm - 8pm     | 9        | \$193     | \$214   |
| English at Glenroy West Primary School                          | Thursday | 24 Jul - 18 Sep | 9:15am - 11:15am | 9        | FREE*     |  |
| <b>NEW!</b> English at Mickleham South Community Centre         | Monday   | 28 Jul - 15 Sep | 11:15am - 1:15pm | 8        | FREE*     |  |
| <b>NEW!</b> English for women: Mickleham South Community Centre | Monday   | 28 Jul - 15 Sep | 9:15am - 11:15am | 8        | FREE*     |  |
| <b>NEW!</b> English at Kalkallo Community Centre                | Monday   | 28 Jul - 15 Sep | 9:15am - 11:15am | 8        | FREE*     |  |



# Performing Arts, Music & Movement

Find joy and expression through music, dance, and performance! Participate in ukulele classes, choir groups, or Tai Chi and Yoga sessions to build confidence, improve wellbeing, and celebrate the power of movement and rhythm. Perfect for beginners and enthusiasts alike.

## Creative Movement & Dance

Develop creative imagination through dance, music and drama in a friendly and supportive social context. Tailored for adults with disabilities.

*A discount of 10% is applied if enrolled in both Creative Movement and Dance, and Mixed Media*

## Yoga with Simone

Hatha Vinyasa Yoga led by the passionate and experienced Simone Litchfield. Be guided with a flowing and mindful approach to asana (postures) & Pranayama (breath). This class fosters strength, flexibility and tranquillity.

*BYO mat.*

## Yoga with Melisa

Hatha Yoga with the wonderful Melisa - incorporates a balance of challenging and restorative physical positions, meditation, breathwork and guided relaxation.

*BYO mat.*

## Chair Yoga

Chair Yoga with Simone - find your mobility in a way that is soft and gentle but also supportive and beneficial. This class invites awareness and integrity into the body and activate the muscles that help you find length up through the spine for better posture and energy flow.

## Tai Chi Beginner

Perfect for those who wish to learn the art of Tai Chi & improve their health through the use of gentle mind-body exercises. Beginner level class with our experienced Tai Chi instructor Averil.

## Tai Chi Intermediate

Post-beginner Tai Chi program with Averil, compassionately designed to improve balance, coordination & strength using simple mind-body exercises.

## Tai Chi Advanced

For participants with experience of Tai Chi who are seeking to build on their practice with a more challenging form.

## Keyboard Lessons for Kids: Beginner & Intermediate classes

Music classes for **kids aged 7-12**. With our experienced music teacher, learn in a small group and at your own pace.

*BYO keyboard.*

## Ukulele for Adults

Want to learn ukulele? Join the multi-talented Phil Hudson and further your musical abilities in a small and friendly group setting! Learn new chords, tablature and strum patterns. Suitable for all levels.

*BYO Ukulele.*

## Skylarks Community Choir

Love to sing? Join our friendly and inclusive community choir led by the multi-talented Phil Hudson from Black Sheep Music.

## Country Scottish Dance

A lively social dance to great music. Led by happy dancers who want to share the fun. No partner required, just a pair of soft shoes and a reasonable level of mobility.



# Performing Arts, Music & Movement

 for kids/youth

| Program   | Day       | Term Dates      | Time              | Sessions | Conc. Fee | Stand. Fee |
|---|-----------|-----------------|-------------------|----------|-----------|------------|
| Creative Movement & Dance   | Monday    | 28 Jul - 15 Sep | 12:30pm - 2pm     | 8        | \$253     | \$282      |
| Keyboard Lessons for Kids Intermediates   | Monday    | 28 Jul - 15 Sep | 4:30pm - 5:20pm   | 8        | \$149     | \$166      |
| Keyboard Lessons for Kids Beginners   |           |                 | 5:30pm - 6:20pm   |          |           |            |
| Yoga with Simone  | Monday    | 21 Jul - 15 Sep | 7:30pm - 8:30pm   | 9        | \$151     | \$168      |
|   | Tuesday   | 22 Jul - 16 Sep | 9:30am - 10:30am  | 9        | \$151     | \$168      |
| Chair Yoga: Morning Session   | Tuesday   | 22 Jul - 16 Sep | 11am - 12pm       | 9        | \$103     | \$114      |
| Chair Yoga: Afternoon Session   |           |                 | 12:15pm - 1:15pm  |          |           |            |
| Yoga with Melisa  | Wednesday | 23 Jul - 17 Sep | 6:30pm - 7:45pm   | 9        | \$154     | \$171      |
|  Country Scottish Dance | Wednesday | 30 Jul - 17 Sep | 10am - 11:30am    | 8        | \$36      | \$40       |
| Tai Chi Advanced  | Thursday  | 24 Jul - 18 Sep | 9:30am - 10:30am  | 9        | \$134     | \$149      |
| Tai Chi Intermediate  |           |                 | 12:30pm - 1:30pm  |          |           |            |
| Tai Chi Beginners   |           |                 | 11am - 12pm       |          |           |            |
| Ukulele Beginners   | Thursday  | 31 Jul - 18 Sep | 10am - 11am       | 8        | \$137     | \$152      |
| Ukulele Intermediate  |           |                 | 11:15am - 12:15pm |          |           |            |
| Skylarks Community Choir  | Thursday  | 24 Jul - 18 Sep | 1pm - 2:30pm      | 9        | \$93      | \$103      |

# Social & Community Engagement

Foster meaningful connections and become an active part of the community! Our social and community programs include volunteering opportunities, inclusive group activities, and initiatives to give back to the local area. Join us to share, learn, and grow together.

## Book Club

Do you enjoy reading and discussing books with others? Come and join our wonderful Book Club! With topical book choices, this monthly social group would love to hear your ideas. Books provided by Merri-bek City Council Libraries.

## Cook & Connect

NEW!

A program empowering individuals through the joy of cooking and sharing meals. A hands-on approach to exploring culinary skills, learning about healthy eating, and building meaningful connections.

## Gardening Social Group

NEW!

Come along and meet new people as you engage in gardening activities together, learn about gardening techniques, and share ideas. An opportunity have a hand in the establishment of our front garden.

## Introduction to Gardening

NEW!



New to gardening? Learn how to grow your own herbs, veggies, and flowers in this friendly, hands-on course. Gain confidence as you explore soil prep, plant care, seasonal planting, composting, and pest control. Perfect for beginners and renters alike.

## Sallywags Playtime

Facilitated by the enthusiastic Rose and suitable for babies to pre-schoolers, Sallywags is a joyous playgroup that covers music, rhymes, dance and fun crafts during the term. A wonderful opportunity to meet other local families.

## Sallywags for Bubs

Designed for babies under 2 years for parents and caregivers to enjoy a peaceful place to connect with their baby and other caregivers. A term filled with the joy of music, rhymes, and mat time activities. Facilitated by the lovely Rose, it's the perfect chance to connect with serene moments for your little one and connect with other local families.

## Chess Club

A fun and educational club for learning, improving, and practicing your chess, all taught by a skilled chess teacher.

**Ages 12+**

## Lego Masters

NEW!

Join our brand-new Lego Masters program for kids and get creative with a huge range of Lego every Monday during the school term. Build solo or team up with friends to tackle fun challenges and bring your ideas to life!

**Ages 9-13**

## Chess Social Group

NEW!

Whether you're a beginner or an experienced player, come along for a relaxed and friendly morning of chess. Connect with like-minded players, learn new strategies, and enjoy the game in a welcoming community space. *For Adults.*

## Pieceful Puzzle Club

NEW!

Calling all puzzle enthusiasts! Whether you're a casual puzzler, a speedy problem solver, or simply looking to connect with others over a shared hobby, this group has something for you.

## Family History Group

An informal group for locals passionate about researching their family history. Sussex provides use of computers, a range of databases & source materials.





# Social & Community Engagement

 for kids/youth

\*eligibility criteria apply - see page 4

| Program  | Day                       | Term Dates             | Time            | Sessions | Conc. Fee | Stand. Fee   |
|--|---------------------------|------------------------|-----------------|----------|-----------|--|
| Book Club  | 3rd Monday of the Month   | From 18 Aug            | 1pm - 3pm       |          | Gold Coin |  |
|  Adult Chess Social Group    | Monday                    | From 21 July           | 10am - 12pm     |          | FREE      |  |
|  Lego Masters                | Monday                    | 4 Aug - 15 Sep         | 5pm - 6:15pm    | 7        | \$33      | \$36   |
|  Cook & Connect              | Tuesday                   | 26 Aug - 16 Sep        | 10:30am-12:30pm | 4        | \$75      | \$83   |
| Chess Club   | Tuesday                   | 22 Jul - 16 Sep        | 4pm - 5pm       | 9        | \$42      | \$47  |
|  Introduction to Gardening | Tuesday                   | 29 Jul - 16 Sep        | 10am - 12pm     | 8        | FREE      |  |
|  Gardening Social Group    | Wednesday                 | From 23 July           | 10am - 11:30am  |          | FREE      |  |
| Sallywags Playtime   | Thursday                  | 24 Jul - 18 Sep        | 9am - 10:30am   | 7        | \$124     | \$138  |
|  | Thursday                  | 24 Jul - 18 Sep        | 11am - 12:30pm  | 7        | \$124     | \$138  |
|  | Friday                    | 25 Jul - 19 Sep        | 10am - 12pm     | 7        | \$210     | \$233  |
| Chatty Café  | Friday                    | From 25 July           | 10am - 12pm     |          | FREE      |  |
|  Pieceful Puzzle Club      | Monthly Saturday          | 12 Jul, 16 Aug, 13 Sep | 10am - 1pm      |          | Gold Coin |  |
| Family History Group   | 1st Saturday of the Month | 2 Aug, 6 Sep, 4 Oct    | 1:30pm - 4:30pm |          | Gold coin |  |

# Workshops & Events

Discover new passions or sharpen your skills in a workshop format! These short-term courses are perfect for busy schedules and curious minds. Our community events are open to the public for us to celebrate altogether!

## Let's Shoot: Intro to Screen & Multimedia

An intensive short course offering an overview of the skills and technologies used in screen and multimedia industries. **Open to teens and adults.**

## Pests & Pest Control

Learn how to identify, prevent, and manage common garden pests, from rats and fruit fly to aphids and blossom rot. Bring along (bagged) samples for advice and leave with practical solutions for a healthier garden.

## Tools & Tomatoes

Learn how to clean, sharpen, and care for your gardening tools, then dive into the wonderful world of tomato growing with tips from experience. You'll leave with practical skills and a tomato plant to take home and nurture!

## Dungeons & Dragons

Step into a world of imagination with our beginner-friendly Dungeons & Dragons program! Over three sessions, you'll create a character, learn the rules, and embark on a collaborative fantasy adventure, whether you're playing for the first time or just curious to see what it's all about.

**Sessions available for both teens (11–15) and adults.**

## Homework Club

A weekly online homework club for **high school students**. One-on-one tutoring is available in English, maths and other subjects, including at VCE level. Places are limited and subject to availability of tutors.

## Cultural Cooking

Join us as we delve into different cultural cuisines every term, from Pakistani to Polish, you'll learn new dishes each time!

**This term: Polish!**

## Pattern Making Workshop

Love a garment too much to part with it? Learn how to create a custom pattern from your favourite clothes without unpicking a single stitch in this hands-on workshop for experienced sewers.

## CPR Training [Update]


Gain essential life-saving skills in this accredited CPR course. Ideal for parents, volunteers, and jobseekers. HTLAID009 CPR Course certification; additional enrolment with Vic First Aid required.



# Workshops & Events

**NEW!**

NEW!

| Program                                   | Day             | Term Dates         | Time            | Sessions | Conc. Fee  | Stand. Fee |
|---|-----------------|--------------------|-----------------|----------|--|------------|
| Let's Shoot: Intro to Screen & Multimedia | Thursday        | 10th & 17th July   | 12pm - 3pm      | 2        | FREE* <br><small>*eligibility criteria apply see page 4</small> |            |
| Dungeons & Dragons (Teens)                | Saturday        | 2, 9 & 16 August   | 1pm - 4pm       | 3        | \$15   | \$30       |
| Dungeons & Dragons (Adults)               | Saturday        | 30 Aug, 6 & 13 Sep | 1pm - 4pm       | 3        | \$15   | \$30       |
| Homework Club                             | Thursday        | 24 Jul - 18 Sep    | 6:30pm - 8:30pm | 9        | FREE   |            |
| Pests & Pest Control                      | Thursday        | 14 August          | 7pm - 8:30pm    | 1        | \$30   |            |
| Pattern Making                            | Saturday        | 16 August          | 11am - 4pm      | 1        | \$90   | \$100      |
| Polish Cooking Workshop                   | Saturday        | 16 August          | 1pm - 3pm       | 1        | \$50   | \$60       |
| Tools & Tomatoes                          | Thursday        | 11 September       | 7pm - 8:30pm    | 1        | \$30   |            |
| CPR Training [Update]                     | To be confirmed |                    |                 |          |  |            |



# PASCOE VALE REPAIR CAFE

1st Sunday of the Month

10am - 1pm

@ Sussex Neighbourhood House

7 Prospect Street, Pascoe Vale

*Neighbours helping neighbours fix stuff!*

The repair café is all about repairing things together.

With a community of skilled, volunteer repairers every month, we can repair electronic appliances, bicycles, and toys, mend garments and sharpen knives, and perform general hammer and nail repairs.

If you can bring it through the door, we'll do our best to fix it! Don't throw it away - give your items a second life at the repair café.



# PASCOE VALE FOOD COLLECTIVE

2nd Saturday of the Month

9:30am - 11:30am

@ the Pascoe Vale Senior Citizens Centre

20 Norton St, Pascoe Vale (Opposite James Reserve)

Low waste, bulk buying for residents of Pascoe Vale and surrounding suburbs.

Grocery and cleaning products are sourced in bulk and provided for distribution to members and visitors on a monthly distribution day.

We encourage the community to bring their own containers for filling – but always have clean jars and paper bags on hand to make the process easy!







Sussex  
Neighbourhood  
House

# Room Hire

Architecturally designed and fully mobility accessible | Available 7 days a week from 6am to 11pm.



## Room 1 & 2

9.3m x 7.15m

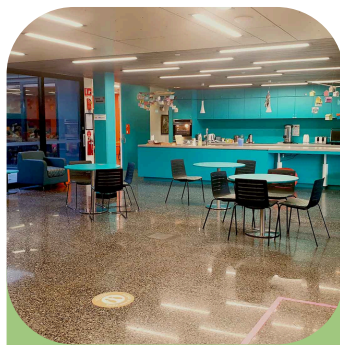
Natural lighting, 2 digital screens, 2 whiteboards, sliding doors to outdoor courtyard, room divider, adjacent kitchen



## Room 3 & 4

8.5m x 7.6m

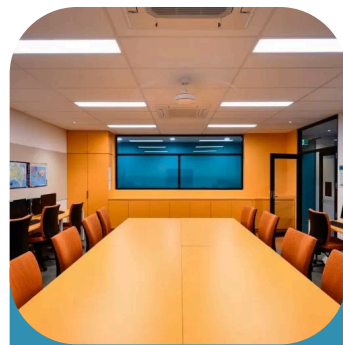
Carpeted room, 2 digital screens, 2 whiteboards, room divider, adjacent kitchen



## Community Hub

10m x 12.3m

Fully equipped kitchen.  
Access to disability toilets and baby change station



## Computer Lab

6m x 7.5m

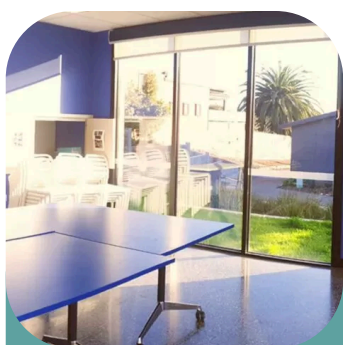
12 computers with internet access, and an interactive smart screen



## Pool Hall

10m x 15m

Includes kitchen with ample bench space, hallway access to bathrooms, public wi-fi, heating, with tables and chairs



## Art Room

9.9m x 6.8m

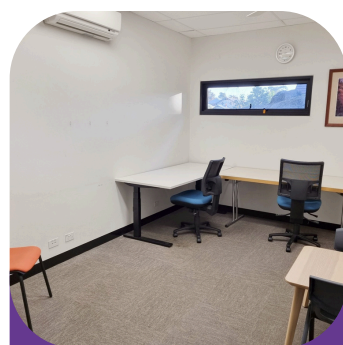
Open studio space with natural light, sliding doors to outdoor section, and 2 sinks.



## Meeting Room

3.7m x 5.3m

Bench space with sink, whiteboard, and sliding door to outdoor courtyard



## Office Space

3.1m x 4.5m

Suitable for up to 3 desk spaces, internet & telephone, reception

# Recycle @ Sussex

SNH is home to a number of recycling collection points. We have dedicated sorters, for your lids and tags, and we partner with local initiatives who proudly recycle for us.. Some even reconstruct your recyclables into brand new things!



## AUSSIE BREADTAGS FOR WHEELCHAIRS

We collect plastic bread tags that are then sent to be recycled locally. This project raises funds to buy wheelchairs for disadvantaged people, mainly in South Africa.

### Learn More:

[ozbreadtagsforwheelchairs.org.au](http://ozbreadtagsforwheelchairs.org.au)



## PROJECT PAIR UP

Project Pair Up collects mismatching containers and lids from the community and pairs them up so they can be given back or donated. You can find a collection box at reception.

### Reusable cups also accepted!

Project Pair Up has also partnered with Packshare in collecting supermarket shopping bags to reuse for giving away food without having to buy new bags.

### Learn More:

[www.facebook.com/ProjectPairUp](https://www.facebook.com/ProjectPairUp)



## LIDS4KIDS

Lids4Kids rescues plastic bottle lids from landfill and recycles them to protect our environment for future generations and wildlife. We've partnered with the Jesuit Social Services' Ecological Justice Hub where they melt down the lids on site to re-mold them into practical items for sale.

### Learn More:

[www.lids4kids.org.au](http://www.lids4kids.org.au)  
[jss.org.au](http://jss.org.au)



## RECYCLE4CHANGE

Recycle4Change (R4C) collects containers through the Victorian Container Deposit Scheme. A yellow collection bin will be outside our front door during business hours for you to donate eligible containers. Half of the 10c refund will go to R4C and half to SNH.

### Learn More:

[www.recycle4change.com.au](http://www.recycle4change.com.au)



## COFFEE POD COLLECTION POINT

Your aluminium capsules are collected at our reception, then sent to a local specialist recycling plant to separate the coffee from the aluminium so they can both go on to live a second life.

### Learn More:

[www.nespresso.com/pro/au/en/our-choices](http://www.nespresso.com/pro/au/en/our-choices)



## LAPTOP COLLECTION

Glee Givers is a not-for-profit that works to refurbish devices and pass them on to those without access to technology. allowing them to connect and reducing e-waste at the same time.

GleeGivers is looking for **Windows Laptops 2015 or newer, MacBook Pro/Air 2013 or newer, & iMac 2019 or newer.**

### Learn More:

[gleegiver.au](http://gleegiver.au)

# How to Find Us



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@SussexNeighbourhoodHouse



@sussexneighbourhoodhouse



Sussex Neighbourhood House Inc.

Subscribe to our mailing list to stay up to date with what's on at Sussex, head to [www.sussexnh.org.au](http://www.sussexnh.org.au) and scroll to the bottom of the page to join

## Office Hours

Mon to Fri, 8:30am - 4:30pm



## Phone

03 9354 2210



## Mail

[enquiries@sussexnh.org.au](mailto:enquiries@sussexnh.org.au)



## Website

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